

HOUR PROFESSIONALS

Michael Meininger, M.D.

DR. MICHAEL MEININGER, of Meininger Plastic Surgery, PC, has been described as “direct, humorous, compassionate, empathetic, and informative.” With kind, intelligent eyes; an affable, friendly demeanor; and a passion for restoring what disease has taken away, Dr. Meininger is a consummate professional whose dedication to helping his patients understand their options is a driving force in his practice.

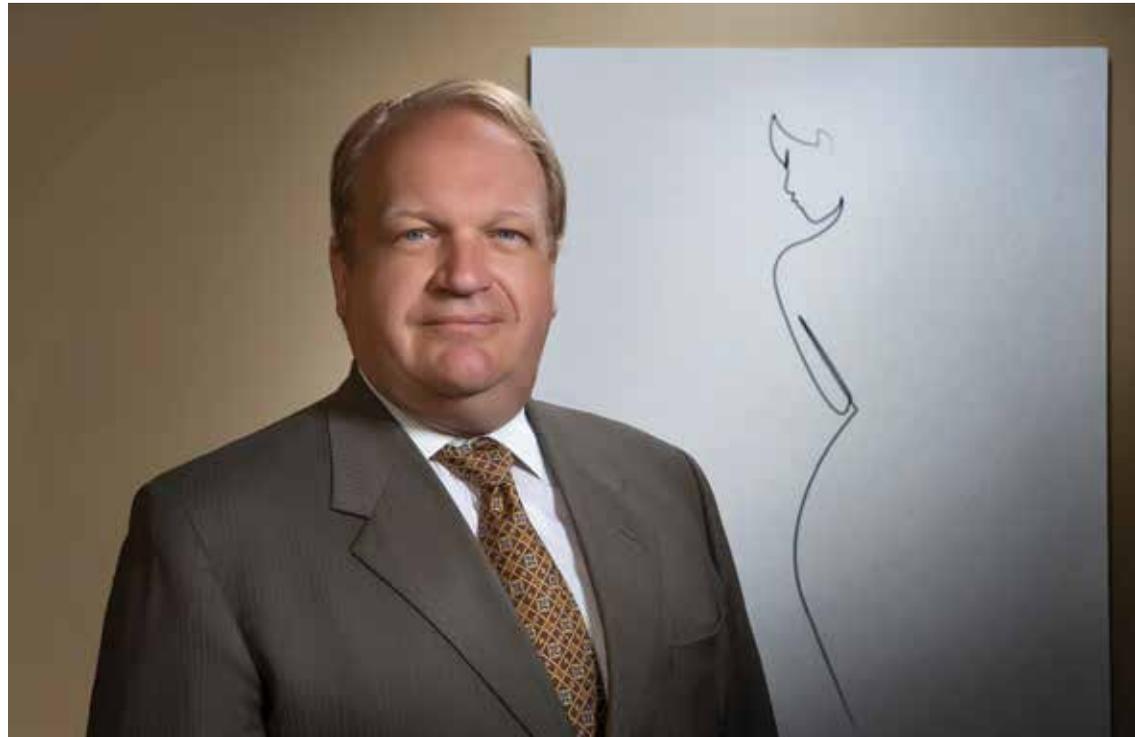
“So much goes into each decision,” Dr. Meininger says. “My patients want or need to change something about their bodies, and I want them to feel comfortable and educated in their choices. I never want a patient to feel as though I didn’t tell them enough about what to expect.”

Dr. Meininger is known for his ability to communicate clearly about procedures, expected outcomes, and recovery time. In a gentle, down-to-earth way, he listens to patients’ concerns, honestly answers technical and nontechnical questions, and makes his patients feel comfortable with a level of detail that’s both informative and complete.

A board-certified plastic surgeon, Dr. Meininger’s focus is on breast procedures: breast reconstruction after mastectomy, breast augmentation, breast reduction (for men as well as women), and revision reconstruction. He works closely with each patient to develop an individualized treatment plan that meets his or her physical, emotional, and psychological goals.

In the case of breast reconstruction after mastectomy, Dr. Meininger also works closely with the mastectomy doctors to plan procedures, incisions, and timing.

Dr. Meininger graduated with honors from the University of Cincinnati College of Medicine. He



completed a residency in general surgery through Henry Ford Hospital and followed that with a residency in plastic surgery at the Wayne State University School of Medicine. He completed a reconstructive surgery fellowship in 1996.

Dedicated to restoring the body and helping people look and feel whole, Dr. Meininger’s services include abdominoplasty; liposuction; brachioplasty; thigh, arm, face, and neck-lifts; scar revision; and male breast reduction. He’s also certified in Botox, filler injections, and fat-grafting.

Always on the cutting edge of technology, Dr. Meininger is excited to be the only board-certified plastic surgeon in the state of Michigan to offer BodyTite and FaceTite. Only recently approved by the FDA, BodyTite and FaceTite are the perfect answer to skin-tightening and body-contouring in situations where an incision would be too much.

Developed by an Israeli company, BodyTite and FaceTite are minimally invasive radio-frequency-assisted lipolysis. Both procedures achieve “surgical results without scars.” According to Dr. Meininger, this is an old technology applied in a new way.

Surgeons have known for years that heat contracts tissues. BodyTite works by delivering quick and uniform heating of the soft tissues through the insertion of a cannula that uses radio frequency to contract the dermis, subdermal connective tissue, and deep fat from the inside. The result, Dr. Meininger says, is a much more precise and controlled treatment than ordinary liposuction. It also offers a high degree of safety.

Overall, the atmosphere at Meininger Plastic Surgery, PC, is relaxed. It’s an “ask-questions” environment in which patients feel comfortable

airing their concerns and making informed choices about procedures. According to one client, Dr. Meininger doesn’t talk you into more than you came in for; he elaborates on each option and encourages you to make your own decisions based on family history and personal goals.

For more than 20 years, Michael Meininger, M.D., has been helping patients meet their goals of looking and feeling their best. An accomplished surgeon, he’s a man with a mission who is passionate about every aspect of what he does.

Meininger Plastic Surgery is open Monday through Thursday from 9 a.m. to 4 p.m., and Friday from 10 a.m. to 12 p.m. by appointment only. He has surgical privileges at William Beaumont Hospital in Troy and Royal Oak, at the Macomb Township ASC, and the UnaSource Surgery Center.



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